



Understanding your individual perceptions about adoption is critical to the outcome. We want to take a stab at looking toward your feelings and goals as individuals who will be adopting as a couple. Please complete this document separately, so we can discuss during our first coaching session.

1. Why do you want to adopt?

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2. On a scale of 1 to 10 with 10 being the highest, how badly do you want to adopt?

1 2 3 4 5 6 7 8 9 10

3. If partnered, which one of you is driving the process?

- Both want to adopt about the same
- My partner (a little more than me)
- Me (a little more than my partner)
- My partner (definitely)
- Me (definitely)

4. Will this driver/driven dynamic cause conflict in your relationship?  Yes  No

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5. What age child you prefer to adopt?

- |  |   |
|--|---|
| <input type="checkbox"/> Newborn (birth to six months)     | <input type="checkbox"/> Infant (six months to two years) |
| <input type="checkbox"/> Preschooler (three to five years) | <input type="checkbox"/> Older child (six years or older) |

6. Which of the following issues would you be willing to consider in an adopted child?

- |   |  |
|---|--|
| <input type="checkbox"/> Blindness  | <input type="checkbox"/> Deafness  |
| <input type="checkbox"/> Drug-exposed   | <input type="checkbox"/> Alcohol-exposed   |
| <input type="checkbox"/> Smoking-exposed  | <input type="checkbox"/> Premature birth   |
| <input type="checkbox"/> Conceived through rape   | <input type="checkbox"/> Conceived through incest  |
| <input type="checkbox"/> Nothing known about father   | <input type="checkbox"/> Nothing known about mother  |
| <input type="checkbox"/> Structural birth defect<br><i>(heart defect, cleft palate/lip, clubfoot, spina bifida, etc.)</i> | <input type="checkbox"/> Genetic birth defect<br><i>(cystic fibrosis, Down syndrome, cerebral palsy, etc.)</i> |
| <input type="checkbox"/> Medical conditions in family history<br><i>(diabetes, epilepsy, etc.)</i>                        |  |

7. Which of the following racial heritages would you be willing to consider in an adopted child?

- |   |  |
|---|--|
| <input type="checkbox"/> Any child                          | <input type="checkbox"/> Arab/Middle Eastern               |
| <input type="checkbox"/> Asian                              | <input type="checkbox"/> African American                  |
| <input type="checkbox"/> Caucasian                          | <input type="checkbox"/> Caucasian/African American        |
| <input type="checkbox"/> Caucasian/Asian                    | <input type="checkbox"/> Caucasian/Hispanic                |
| <input type="checkbox"/> Caucasian/Native American          | <input type="checkbox"/> Eastern European/Slavic/Russian   |
| <input type="checkbox"/> Hispanic or South/Central American | <input type="checkbox"/> Mediterranean                     |
| <input type="checkbox"/> Middle Eastern                     | <input type="checkbox"/> Native American (American Indian) |
| <input type="checkbox"/> Pacific Islander                   | <input type="checkbox"/> Multiracial                       |

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8. Would you consider adopting twins?                      Yes                      No

                    

9. If partnered, do you feel you are stable in your relationship without having children?  
Yes                      No

10. Which friends and family members would you want to tell about your adoptions?  
Which would be supportive, and which would not?

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11. What level of openness are you willing to consider with birthparents?

- Completely open adoption with reasonable boundaries
- Semi-open adoption, exchanging letters and photos only
- Closed adoption, completely confidential

12. Would you be willing to comply with specific birth family requests regarding child rearing, such as religious instruction, name or schooling?

- Yes
- No

13. Where would you be willing to adopt a child from?

- Only in our state
- Only in our national region
- Anywhere in the United States

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14. How much time would you take off work during and after the adoption?

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15. Will this adoption cause you economic hardship?

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16. When/how do you feel children should be told they're adopted?

- |   |  |
|---|--|
| <input type="checkbox"/> As early as possible   | <input type="checkbox"/> Early childhood         |
| <input type="checkbox"/> Mid- to late-childhood | <input type="checkbox"/> As adults               |
| <input type="checkbox"/> Only when they ask     | <input type="checkbox"/> Only when they find out |
| <input type="checkbox"/> Never                  |  |

17. Would you support or assist you child If he or she wanted to find, contact, or have a relationship with his or her birth parents?

- Yes
- No

18. Many adoptive parents experience failed adoptions before they successfully adopt. How would you handle a planned adoption that falls through?

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19. Will you or your partner change your workload outside of the home after the adoption?

- Yes, I will stay at home with the child
- Yes, my partner will stay at home with the child
- I will reduce my workload to part time
- My partner will reduce his/her workload to part time
- We won't make any changes
- One of us already stays at home

20. What do you feel you could give a child?

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21. What aspects of child rearing are so important to you that you would find it difficult to compromise; such as discipline, religion, schooling, stay-at-home parenting, etc.?

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22. Are you prepared to love an adopted child as much as one you gave birth to biologically?

- Yes
- No

23. If you struggled with infertility, would you prefer to continue infertility treatment before seriously pursuing adoption?

- Yes
- No

24. Do you agree with any of the following statements?

- Deep down, I feel I am being forced to adopt.
- When it comes to building a family, I see adoption as only second best.
- I feel that adoption is the last resort to achieving parenthood.

*If you agreed with any of these points, there is a good chance you have some significant unresolved issues that you might find beneficial to address and resolve prior to adopting.*

25. What is the ideal adoption situation for you?

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26. Ideally, how many children would you like?

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27. How long are you willing to wait to adopt?

- Up to six months
- Six months to one year
- One to two years
- Two to three years
- However long it takes

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